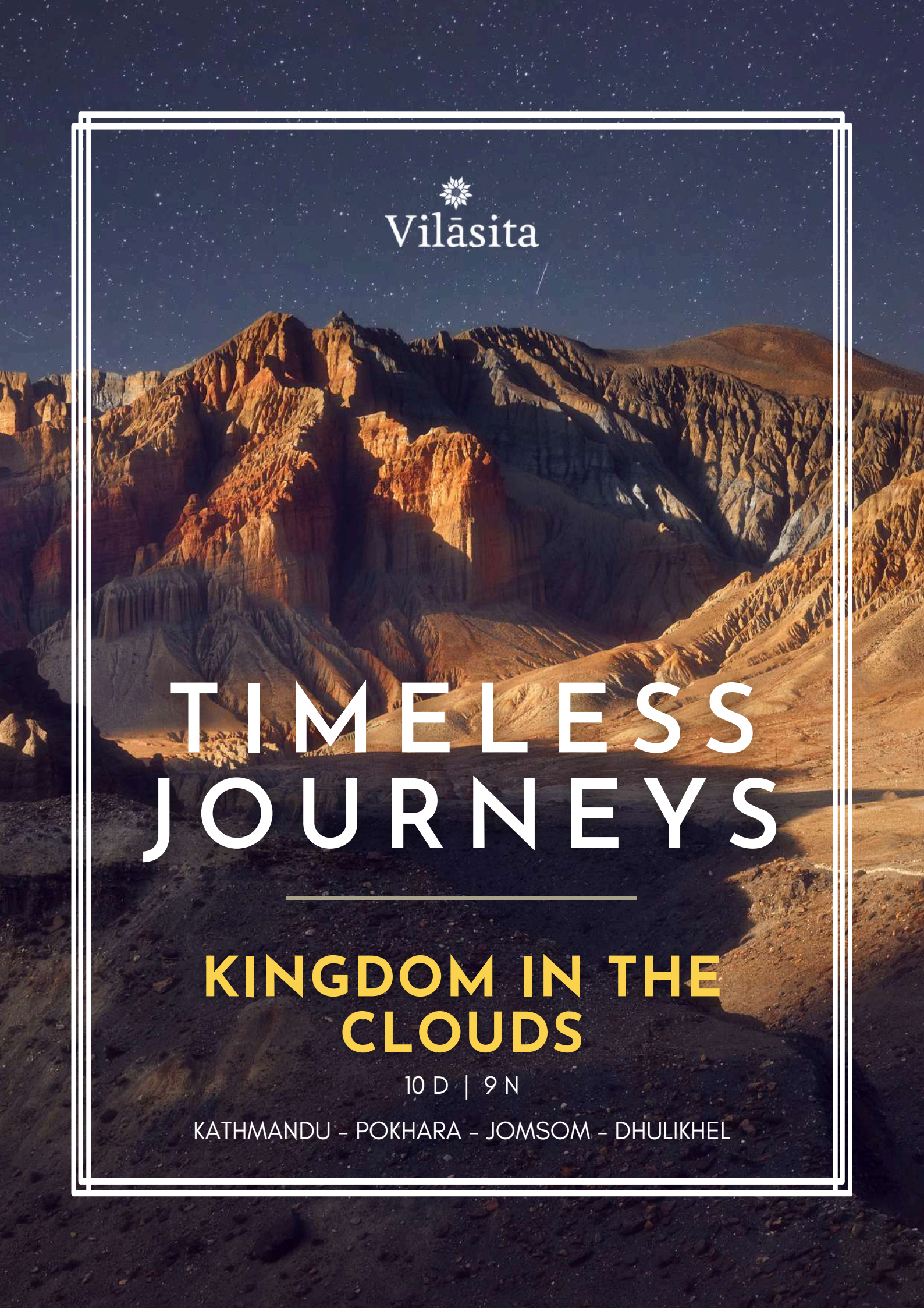
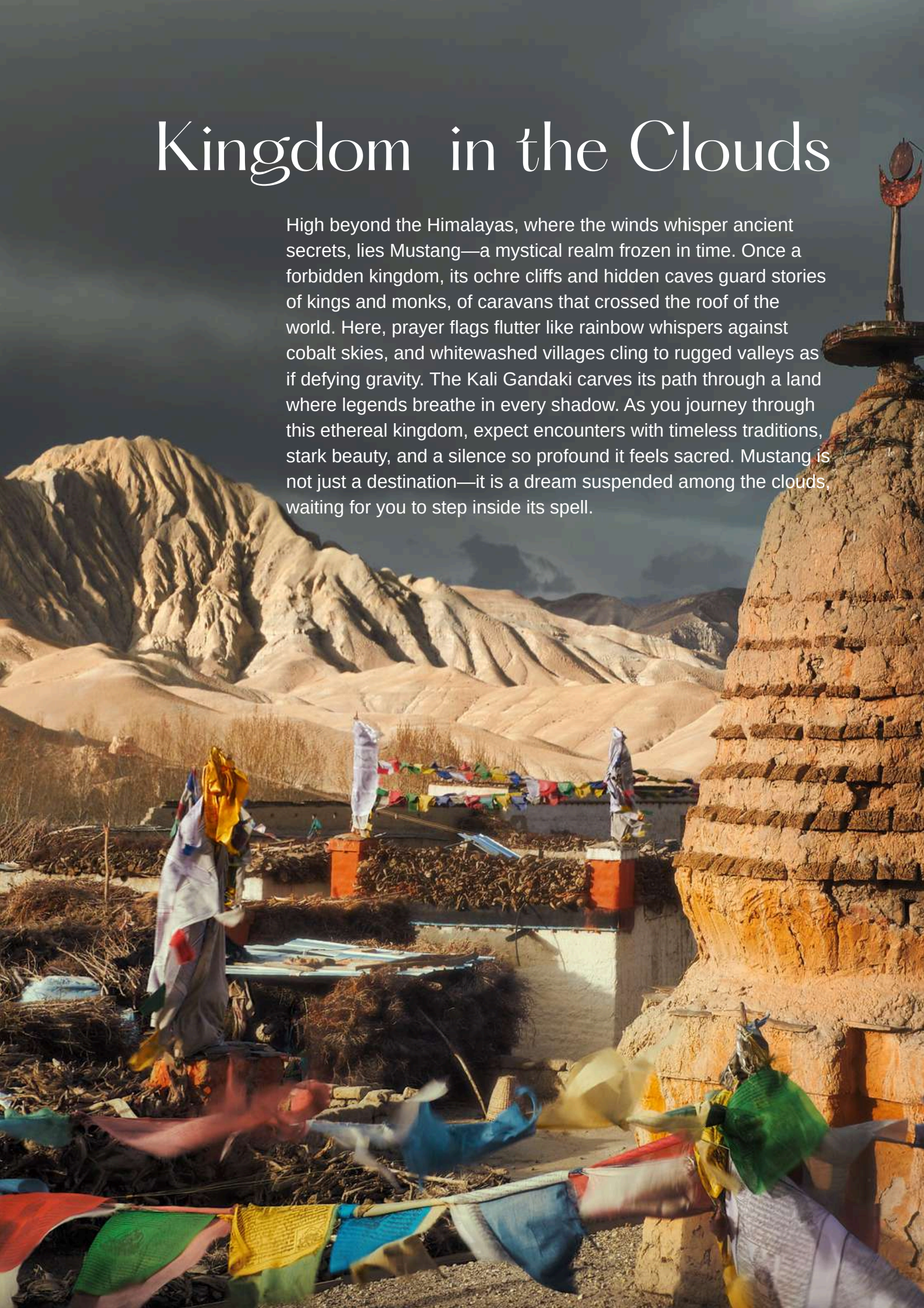

Vilāsita
TIMELESS JOURNEYS
KINGDOM IN THE CLOUDS
10 D | 9 N
KATHMANDU – POKHARA – JOMSOM – DHULIKHEL

Kingdom in the Clouds

High beyond the Himalayas, where the winds whisper ancient secrets, lies Mustang—a mystical realm frozen in time. Once a forbidden kingdom, its ochre cliffs and hidden caves guard stories of kings and monks, of caravans that crossed the roof of the world. Here, prayer flags flutter like rainbow whispers against cobalt skies, and whitewashed villages cling to rugged valleys as if defying gravity. The Kali Gandaki carves its path through a land where legends breathe in every shadow. As you journey through this ethereal kingdom, expect encounters with timeless traditions, stark beauty, and a silence so profound it feels sacred. Mustang is not just a destination—it is a dream suspended among the clouds, waiting for you to step inside its spell.





Routing & Altitude

Location	Altitude
Kathmandu	1324m above sea level
Pokhara	822m above sea level
Jomsom	2743m above sea level
Dhulikhel	1550m above sea level

Hotels

Nights	Location	Hotels
2 Nights	Kathmandu	Dwarika's Kathmandu
1 Night	Pokhara	Tiger Mountain Pokhara
3 Nights	Jomsom	Shinta Mani Mustang
3 Nights	Dhulikhel	Dwarika's Sanctuary







DWARIKA'S KATHMANDU

80 Keys

Dwarika's Hotel in Kathmandu is a living museum showcasing traditional Newari architecture and centuries-old wood carvings. With bespoke rooms, aromatic courtyards, pool, spa, and award-winning restaurants, it offers refined Nepali hospitality. A UNESCO Heritage Award winner, it blends cultural immersion with modern comfort in the heart of the city.



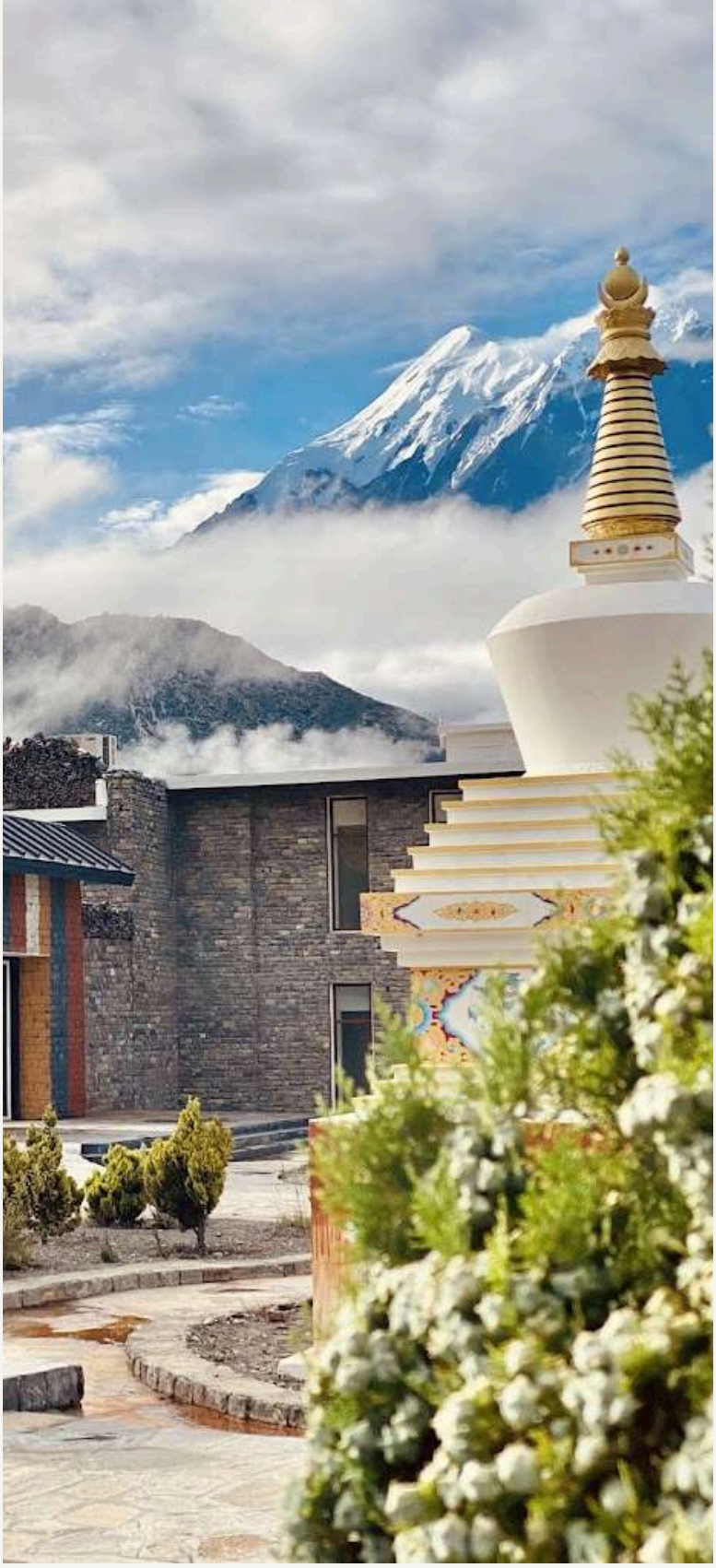




TIGER MOUNTAIN POKHARA

18 Keys

Perched on a ridge overlooking the Annapurna range, Tiger Mountain Pokhara Lodge is a sanctuary of serenity and sustainable luxury. Stone cottages with panoramic Himalayan views, warm interiors, and private verandas create an intimate retreat. Guests enjoy guided walks through rural villages, birdwatching, yoga, and farm-to-table dining, celebrating Nepali flavors. Committed to conservation and community, the lodge offers an immersive experience where nature, culture, and comfort converge.







SHINTA MANI MUSTANG

29 Keys

Shinta Mani Mustang – A Bensley Collection is an exclusive high-altitude retreat overlooking the majestic Annapurna and Dhaulagiri ranges. Designed by Bill Bensley, this all-suite sanctuary blends Tibetan-inspired architecture with refined luxury, offering immersive Himalayan experiences, healing traditions, and dramatic landscapes that awaken both the senses and the spirit.







DWARIKA'S SANCTUARY

40 Keys

Perched on a verdant hillside an hour from Kathmandu, this all-suite retreat offers sweeping Himalayan panoramas and soothing serenity. Built using traditional Newar craftsmanship, it blends stone, wood, and natural fabrics. Guests enjoy Himalayan-inspired wellness therapies, sunrise yoga, salt-room rejuvenation, and healing meals sourced from its orchard.

ANCIENT KINGDOMS

KATHMANDU VALLEY

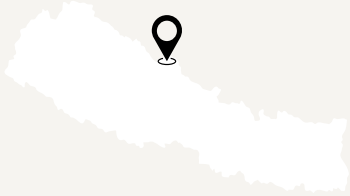


The Kathmandu Valley, a cultural crucible nestled in the Himalayan foothills, is home to ancient cities, sacred temples, and vibrant traditions. Once a thriving hub on the trans-Himalayan trade route, it showcases a unique fusion of Hindu and Buddhist heritage. From the intricate Newari architecture of Patan and Bhaktapur to the spiritual grandeur of Swayambhunath and Boudhanath, the valley invites travelers into a world where myth and history coexist, and every alleyway whispers the stories of centuries past.

HIGHLIGHTS

Boudhanath Stupa | Newari Dinner at Krishnarpan | Patan Durbar Square | Sound Healing Session | Swayambhunath | Kathmandu Durbar Square | Bhaktapur Durbar Square | Ayurvedic Consultation Session | Wellness activities

MUSTANG



Mustang is a dramatic Himalayan region where arid cliffs, deep gorges, and ancient villages meet Tibetan culture. Home to apple orchards, centuries-old monasteries, and sacred trails, it offers a stark, soulful beauty—rich in spirituality, tradition, and breathtaking vistas that feel suspended between earth and sky.

HIGHLIGHTS

Excursion to Thini Village | Excursion to Marpha - Jhong - Kagbeni | Savor a Thakali feast | Monastery visit | Exclusive lunch on a monastery terrace with 360-degree views | All-inclusive retreat in paradise | Outdoor excursion - hikes , cycling, archery, etc.

Day 01

Arrive Kathmandu

Arrive at **Tribhuvan International Airport**, where you will be greeted at the CIP lounge for seamless visa assistance. After completing immigration and customs formalities, collect your luggage and transfer to Dwarika's Hotel—a short 20-minute drive.

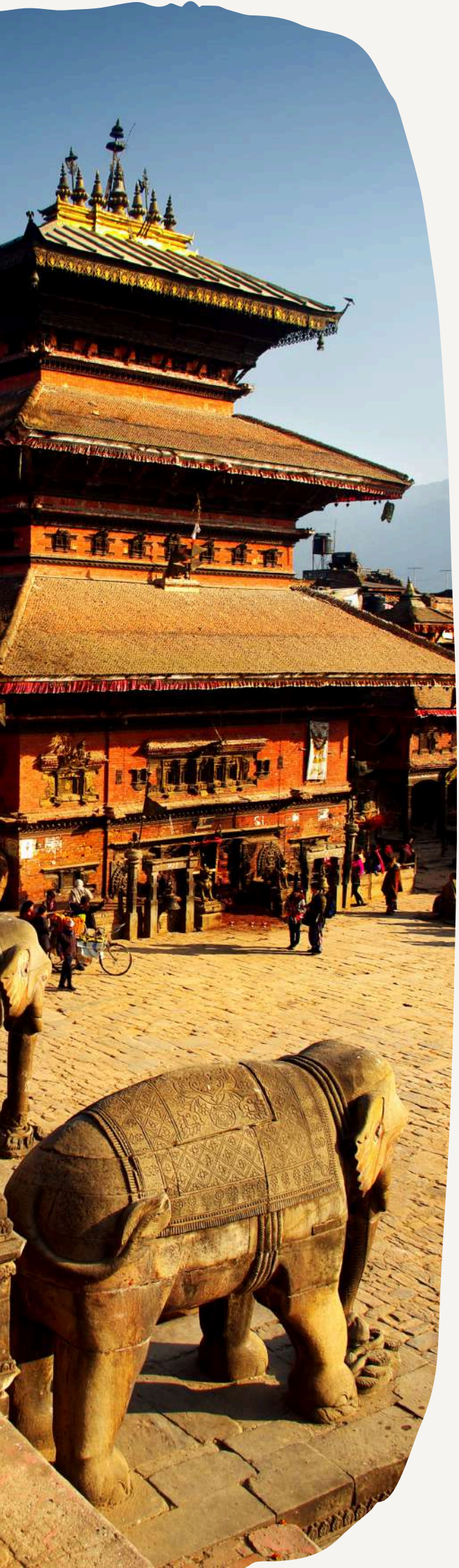
This exquisite heritage property, adorned with intricate Newari architecture and hand-carved wooden masterpieces, offers a serene retreat.

Spend some leisure time in its tranquil courtyards before setting out to explore Kathmandu. Visit the **iconic Boudhanath Stupa**, a UNESCO World Heritage Site and spiritual heart of Tibetan Buddhism, where prayer wheels spin, and vibrant culture thrives. Enjoy an exclusive blessing and prayer session with a high lama at a nearby monastery—a moment of profound peace.

In the evening, indulge in a multi-course heritage dining experience at **Krishnarpan**, savoring traditional Nepali cuisine in an elegant setting that celebrates timeless culinary traditions.

Overnight at Dwarika's Kathmandu
Meals: Dinner





Day 02

Exploring the Cultural Heart of Kathmandu

After breakfast, explore **Patan Durbar Square**, a city of artistry adorned with royal courtyards, the Krishna Temple, Golden Temple, and the Patan Museum —home to exquisite wood and stone carvings.

Enjoy a delightful **lunch at the Patan Museum Café**, a culinary gem nestled in the heart of the square.

Visit **Swayambhunath Stupa**, the 2,500-year-old UNESCO site offering sweeping valley views, then continue to **Kathmandu Durbar Square** to see Hanuman Dhoka, Taleju Temple, and the Living Goddess Kumari.

Experience a charming **rickshaw ride** from Hanuman Dhoka to Thamel through lively alleys, followed by a heritage dining experience at Kaiser Café in the serene Garden of Dreams.

Overnight at Dwarika's Kathmandu
Meals: Breakfast, Lunch & Dinner

Day 03

Pokhara Arrival & Mountain Retreat

After breakfast, transfer to the airport for a short flight to Pokhara (approximately 25 minutes). Upon arrival, you will be driven to **Tiger Mountain Lodge**, a serene hideaway perched on a ridge just outside the city.

Check in at this charming lodge, where clusters of stone cottages evoke the feel of a traditional Nepali village. With its central lounge, bar, and dining room, the property offers a perfect blend of rustic charm and comfort, set against sweeping Himalayan views.

Spend the afternoon at leisure—perhaps take **a gentle hike** through the surrounding trails or join the in-house guide for an enriching birdwatching experience.

Alternatively, relax by the pool and soak in the tranquility of this rural mountain retreat.

Overnight at Tiger Mountain Pokhara
Meals: Breakfast, Lunch & Dinner





Day 04

Where Adventure Meets Ancient Trails

Begin your day with an early breakfast before transferring to the airport for a scenic **30-minute flight to Jomsom**, offering breathtaking Himalayan views. Upon arrival, your BENSLEY guide will escort you to **Shinta Mani Mustang** (2,800 m / 9,186 ft), a luxurious retreat overlooking the Kali Gandaki River and the world's deepest gorge.

Check in and unwind in your suite, indulging in spa therapies or **wellness sessions with Amchi**—practitioners of traditional Tibetan medicine. Enjoy the serene surroundings, panoramic walks, and resort facilities before your afternoon excursion.

Later, drive to **Thini Village** for a cultural hike through charming homes and mountain landscapes (30–60 mins, elevation 2,900 m / 9,500 ft). Expect gentle ups and downs for an authentic experience.

Return to the resort for a delightful dinner and optional evening entertainment, ending your first day in Mustang with tranquility and cultural immersion.

Overnight at Shinta Mani Mustang
Meals: Breakfast, Lunch & Dinner

Day 05

Heritage Encounters in Marpha- The Thakali Heartland

After breakfast, set out for an unforgettable day with a scenic one-hour drive to **Marpha**, a charming Thakali village renowned for its apple orchards, whitewashed homes, and timeless Himalayan character.

Enjoy a guided walk through Marpha's flat, cobblestone lanes—perfect for a leisurely stroll. Explore **ancient monasteries, traditional houses, and vibrant local life**. Highlights include a visit to the iconic Japanese House and curated shopping stops offering authentic crafts and regional specialties. Savor a traditional **Thakali feast** at Thakali Kitchen, complemented by exclusive culinary insights from a renowned Thakali chef.

Later, return to Jomsom and relax at your luxury lodge, soaking in panoramic Himalayan views.

Elevation: Jomsom – 2,743 m / 8,999 ft; Marpha – 2,650 m / 8,695 ft.

Overnight at Shinta Mani Mustang
Meals: Breakfast, Lunch & Dinner





Marpha

Set at the southern edge of Nepal's evocative Mustang region, Marpha is a village where time seems to slow. Known for its apple orchards, whitewashed stone houses, and flagstone lanes, it offers an intimate glimpse into traditional Thakali life. Prayer-flag-lined streets, serene Buddhist monasteries, and the warm aroma of apple cider and brandy define its gentle rhythm. Framed by dramatic Himalayan peaks, Marpha is a welcome pause for Annapurna trekkers and a rewarding destination for travellers seeking culture and quiet beauty.

Your experience begins with a morning walk from the lodge to Dumba Lake and the Khutsab Terenga Monastery, revealing sweeping views of the Kali Gandaki Valley. Reach Marpha by drive, trek, or mountain bike, then wander its lanes and browse local crafts. Lunch is a highlight—hosted at the home of Mrs. Kamala, a celebrated Thakali chef—before further exploration of the village's rich heritage.



Day 06

Cultural Expedition to Jharkot, Jhong & Kagbeni

Begin with breakfast at the resort before embarking on a scenic drive to **Jharkot** (approx. 1 hour), a tranquil Tibetan village renowned for its ancient gompa and enduring traditions. Stroll through rustic paths and immerse yourself in centuries-old heritage.

Continue to **Jhong Village**, opposite Muktinath, for an intimate cultural experience inside a traditional home. Later, savor an **exclusive lunch prepared by Shinta Mani's culinary team on a monastery terrace**, offering breathtaking 360-degree views of valleys and snow-clad peaks.

In the afternoon, enjoy a comfortable jeep ride to **Kagbeni**, the gateway to Upper Mustang. Visit **Kag Chode Thupten Samphel Ling Monastery**, a spiritual landmark steeped in Buddhist history, and take short village walks for authentic encounters.

Return to the resort for evening leisure and dinner.

Elevation: Jharkot – 3,519 m;
Jhong – 3,600 m;
Kagbeni – 2,804 m.

Overnight at Shinta Mani Mustang
Meals: Breakfast, Lunch & Dinner

Optional- Two Days

EXTENSION: DAY 01

Excursion to Lubra – A Bon Buddhist Village

Journey to Lubra Village, an 800-year-old settlement cradled in the heart of Mustang, one of the **last sanctuaries of the Bon tradition**—a spiritual practice older than Buddhism. Accessible via **a scenic hike along the Panda Khola River gorge**, this secluded hamlet is a rare blend of nature, culture, and timeless spirituality.

Explore its venerable gompa, intriguing cave monastery, and savor traditional **Bon cuisine** served on the rooftop of an ancient home. Lubra's unwavering devotion to preserving its heritage makes every moment here a step back in time.

Set against the majestic Himalayan backdrop, the **day unfolds with gentle treks** through pristine landscapes, cultural encounters, and authentic flavors. Immerse yourself in a way of life virtually unchanged for centuries—a serene experience that promises lasting memories and a deeper understanding of Mustang's spiritual soul.

Overnight at Shinta Mani Mustang
Meals: Breakfast, Lunch & Dinner





EXTENSION: Day 02

Wilderness Trekking

Embark on a scenic trek through the **Jomsom Valley**, following carefully chosen trails for an optimal outdoor experience. Traverse rugged terrain, cross sparkling streams, and wander through pine-scented forests while soaking in panoramic views of snowcapped Himalayan peaks. Pause at vantage points to capture stunning photographs and savor the serenity of untouched landscapes.

Midway, enjoy a **mountaineer-inspired picnic**—a delightful spread of high-energy treats paired with chilled Rosé—creating a unique wilderness dining experience. After lunch, continue exploring the valley's tranquil paths, embracing its solitude and raw beauty.

The trekking programs are fully customizable to suit your pace, skill, and comfort level. Whether you seek a challenging adventure or a relaxed walk, we tailor routes for safety and enjoyment, ensuring your Mustang journey is as memorable as it is comfortable. Conclude the day with a sense of accomplishment and unforgettable Himalayan memories.

Overnight at Shinta Mani Mustang Meals: Breakfast, Lunch & Dinner

Day 07

Mustang to Himalayan Serenity

After breakfast, transfer to Jomsom Airport for a **scenic flight to Pokhara** and onward to Kathmandu. From here, **drive to Dhulikhel** (approx. 32 km / 1.5 hrs), a historic Newar town along the ancient Nepal–Tibet trade route, celebrated for its Himalayan panoramas and spiritual aura.

En route, explore **Bhaktapur Durbar Square**, Nepal's best-preserved medieval city. Stroll through cobbled lanes, admire pagoda temples, royal courtyards, and artisan workshops. Highlights include the 55 Window Palace, Golden Gate, and Nyatapola Temple. Pause for lunch at **The Nanee**, where every dish tells a story of culture and biodiversity.

Arrive at **Dwarika's Sanctuary,** a haven of stillness and Himalayan harmony. In the afternoon, begin with a guided orientation, followed by a private Ayurvedic consultation.

As evening falls, enjoy a sunset walk to Zero Zone and participate in the Arati ritual at the Shiva Linga Maze—an experience of spirit and space.

Overnight at Dwarika's Sanctuary
Meals: Breakfast, Lunch & Dinner





Day 08

A Day in Himalayan Harmony

Awaken to a serene sunrise as the sanctuary glows under the silent gaze of the Himalayas. Begin your journey with **Nine Planet Balancing**, a ritual inspired by Navagraha energies to restore inner alignment.

Continue on a **scenic hike to Namobuddha Monastery**, following pine-scented trails that open to sweeping Himalayan vistas.

Share a simple, **mindful lunch** with the monks, where quietude replaces formality, followed by a **Dharma talk and reflective moments** with the resident lama. In the afternoon, explore color and intuition through meditative painting—a creative expression of inner stillness.

As evening descends, let the resonant tones of **singing bowls** flow through you, quieting the mind and harmonizing energy at a cellular level.

Conclude in the **Zero Zone**—a sanctuary of pure stillness—accompanied by light, exquisite bites.

Overnight at Dwarika's Sanctuary
Meals: Breakfast, Lunch & Dinner

Day 09

A Day of Mindfulness

***Optional**: Everest for Breakfast*

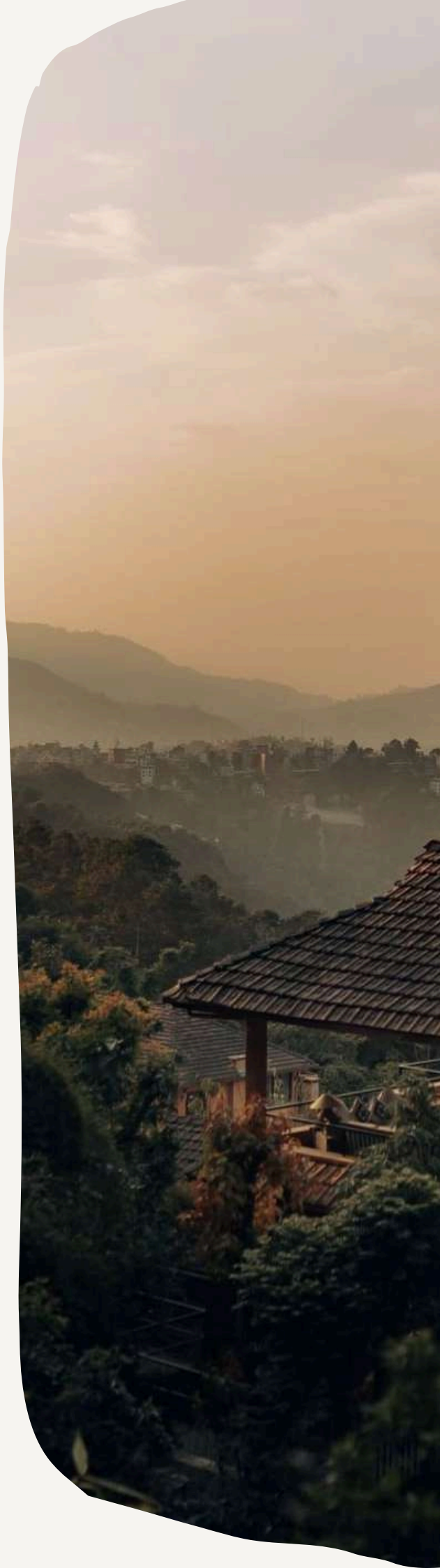
Early morning, start with an **OM Chanting at the Meditation Cave**. followed by a barefoot walk through the **Shiva Linga Meditation Maze**, feeling the cool morning dew as silence and balance embrace you.

Rejuvenate with a soothing **Himalayan massage**, releasing deep-held tension and awakening the senses. Ground your creativity in a **mindful pottery session**, shaping stillness through touch and focus. Continue with breathwork inside the **Himalayan Salt House**, where mineral-rich air revitalizes and restores natural rhythm.

As twilight descends, unwind with **sunset yoga**, harmonizing breath and movement against the backdrop of fading Himalayan peaks.

Conclude your day in the **Zero Zone**, a sanctuary of pure calm, complemented by an exquisite selection of light bites.

Overnight at Dwarika's Sanctuary
Meals: Breakfast, Lunch & Dinner



Optional

EVEREST FOR BREAKFAST



Early morning, take a spectacular helicopter flight from Dhulikhel Dwarika's Sanctuary to MLN Kongde for a high-altitude breakfast, witnessing a birds-eye view of glaciers, lakes, and the Himalayas, along with breathtaking views of Khumbu valley, including monasteries, stone hamlets in mountain regions, and lush gorges.

You sit out, marveling at the panoramic views of the Himalayas with the unmistakable pyramid tip of Mount Everest in its glory. After breakfast, and having had some time to explore your snowy surroundings, you'll fly back to Kathmandu.

Not everyone dreams of spending two months and over $100,000 to conquer the notorious Death Zone on Mt. Everest for the ultimate bragging rights. If you're looking for a more relaxed yet equally unforgettable experience, we've got just the thing.

Take an exhilarating flight over Everest Base Camp and treat yourself to a champagne breakfast with stunning views of Mt. Everest. This once-in-a-lifetime adventure offers breathtaking vistas and a touch of luxury, all wrapped up in one extraordinary morning.





Day 10

Farewell Nepal

Begin your morning with **sunrise yoga**, a gentle practice that awakens the body and restores inner harmony. Follow with **pranayama**, allowing mindful breathing to anchor calm and clarity as you prepare to conclude your journey.

Depart feeling balanced and renewed, carrying the stillness and serenity of the Sanctuary.

After check-out (standard time: 12:00 noon), enjoy a scenic drive to Kathmandu Airport (approx. 32 km / 1.5 hrs) for your onward international flight.

As the Himalayan peaks fade into the horizon, reflect on the timeless temples, sacred mountains, and the quiet grace of Nepali hospitality that have defined your experience. These memories—woven with culture, spirituality, and tranquility—will linger long after your journey ends.

Meal: Breakfast

--- End of Journey ---



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